



# Newsletter Spring 2022

## HKAC

### *President Dan Cheung's Spring 2022 Message to HKAC / Sam Yuk Alumni & Friends*

**D**uring this long-lasting COVID-19 pandemic, our students have learned to study differently. Rather than getting up early each morning to catch a bus, MTR, or mini bus to reach school on time, they can now get up five minutes before classes start. Instead of choosing what to wear to go to school, they uniformly wear comfortable pyjamas while attending classes. They conveniently eat breakfast or lunch while listening to teachers' lectures. At the end of a day after many classes, they don't need to take mini-buses, MTR, or buses to go home; they simply wave goodbye to the teachers and classmates and close the screens of their laptops or cell phones. They can even catch a little nap in their own bed between classes. Those are some of the benefits students find from taking classes online.

However, in spite of the benefits of online learning can offer, it also comes with a few challenges. Online learning can create a sense of isolation. Some students possess the ability to work independently; others find comfort in their community on campus with easy access to teachers and enjoy studying together with their fellow classmates. Online learning requires self-discipline, a quality that some students may not have enough of to engage fully in the online lectures. For most, face-to-face classes tend to give a greater sense of accountability.

Additionally, online classes are prone to technical issues such as fluctuating Internet connection, low Wi-Fi connection speed, the number of active users, and the age of the computers or cell phones. Sometimes we don't even know for sure if the connection problem is the teacher's or the student's issue. Online learning also creates more screen time

for both teachers and students—something that health experts warn us to avoid.

While taking online classes, many times we need to tell others, "You're muted." Many embarrassing moments result because we forget to close or turn off the camera. Sometimes the whole class can hear the conversation when parents decide to speak to the students while the microphone is not muted. Worse yet, students may decide to use the restroom while the microphone is still on.

On the teaching side, online education means more work for the teachers since they must make more stimulating PowerPoint slides to draw students' attention. They also must prepare lectures with online activities to help students maintain connection. Additionally, teachers need to create online quizzes and examinations to test students properly while preventing them from cheating, and taking attendance has always been a challenge for online classes.

On behalf of the college, I salute the efforts of our teachers as well as our students during this online learning/teaching era. I know it has been challenging and exhausting. I sincerely hope someday you can share with your children or grandchildren that you have conquered more than two years of online learning due to this COVID-19 pandemic and come out with A's and B's. They really have no right to complain about their learning conditions.

**Dan Cheung, PhD**  
**President of Hong Kong Adventist College**



HKAC President Dan Cheung



***Spring 2022 Newsletter Editor***

***Jenifer Shiu***

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***Top photo is by Jenifer Shiu***

**Professor Alice Loke was a Discussant at HK's Mother's Choice Conference (Feb. 25, 2022)**

*Photos / Screen Images / Article provided by Professor Alice Loke*

**P**rofessor Alice Loke, Director and Professor, HKAC Department of Nursing was invited as a panel discussant in the Plenary Session on ‘*Family Restoration - The Key to Breaking the Intergenerational Cycle of Teen Pregnancy*’ on February, 25, 2022 at the Mother’s Choice Conference on “Changing LifeStories Conference: Breaking the Vicious Intergenerational Cycle of Teen Pregnancy” (February 23-25, 2022).

The invitation was in recognition of her research work focusing on the health risk behaviours of adolescents, and on family relationship and support. In her sharing, she emphasized that from the nursing perspective, there are three aspects of care that should be emphasized.

**First**, as pregnant teens and their babies are at higher risk of health problems, helping young teens to obtain early and regular prenatal care is a critically important intervention and support.

**Second**, as pregnant teens are more likely to engage in health risk behaviours such as smoking and drinking, they should be encouraged to adopt healthy lifestyle and to avoid these health risk behaviours.

**Third**, health professionals are to foster confiding or support with the teens’ parent whenever reasonable /possible, or with an entrusted female adult, as these support is a protective factor of mental health and parenting.



Professor Alice Loke as a panel discussant, Feb. 25, 2022



Changing Life Stories Conference:  
Breaking the Vicious Intergenerational Cycle of Teen Pregnancy

The Changing Life Stories Conference in Feb 2022 is believed to be the first-ever teenage crisis pregnancy conference in Hong Kong, gathering academic experts, healthcare and legal professionals, social workers and NGO leaders who work in the prevention and intervention of youth crisis pregnancy. This virtual event will include keynote speakers, workshops, spotlight sessions and networking opportunities to share specialized knowledge and to explore possibilities for innovative service models. The agenda is themed & centered on three key protective factors that are central to breaking the vicious cycle of teenage pregnancy: **Embrace, Equip and Empower**.

DAY 3 PROGRAM  
FRIDAY, 25 FEBRUARY 2022

**MODULE 3. EMPOWER**

9:00am	Log in Zoom & Housekeeping
9:10am	Opening Ceremony & Address Dr. Rosanna Wong, DBE, JP Senior Adviser of the Hong Kong Federation of Youth Groups Member of the National Committee of the Chinese People's Political Consultative Conference Member of Commission on Poverty of the Government of the HKSAR
09:15am	Keynote Presentation: Keeping Children Safe and Families Together: The Power of Community Dr. David Anderson Founder & Executive Director, Safe Families for Children
09:40am	Plenary Session #1: Family Restoration - The Key to Breaking the Intergenerational Cycle of Teen Pregnancy Alla Eyres (Facilitator) CEO, Mother's Choice  Professor LOKE, Alice Yuen Director and Professor, Department of Nursing, The Hong Kong Adventist College  Andrew Gardener Senior Pastor, The Vine Church  Charlie Chan Service Head of Youth & Community Services, Caritas

In conclusion, Prof Loke summarized her talk by giving advice to pregnant teens using the three keywords of the conference:

**Embrace** – to accept the situation and take positive action;

**Equip** – to take care of own health and the baby’s health; and

**Empower** – be assisted to enhance family relationship and in personal development.

**Prof Loke offered the following message to young, pregnant girls:**

“Take this as a turning point and life-changing event in your life. What has happened may not be what you had wanted. This is a time for you to re-examine what you want in your life.”

“There will certainly be implications in your life in terms of economic resources, life experiences, your educational, employment opportunities, and interpersonal relationships.”

“With all these happenings, please imagine or dream about the baby and your future ‘including your fears’, and how you may overcome these obstacles with the support from people surrounding you - professionals, or someone your trust.”

“All these people can help you to improve/enhance your health, your relationships with others or with your family.”

“Most important of all, prepare for a family, your work, and take steps to better your life and towards your life goals.”





**HKAC Zoom Chapel Students' Talent Show (Feb. 23, 2022)**

*Photos by Jenifer Shiu*

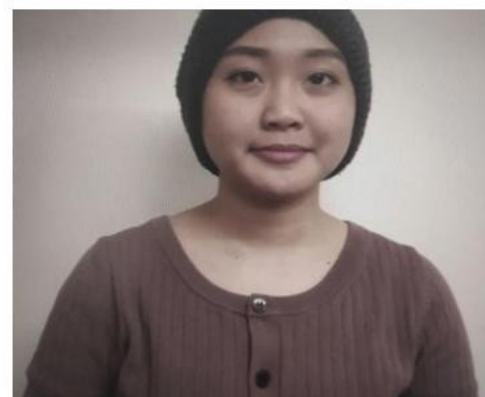
*Photo Captions by Jenifer Shiu*



Master of Ceremonies Brayan Lopez (SA 2021-2022) announces the talented students program. Thanks to Ezra En Yong for arranging things and to Alex Zubkov for editing the videos!



Siu Yuen (Brian) Lai sings "Together Forever"



Jade Justin from Malaysia performed an original song "Falling Star" composed by and with lyrics by Brazilian fellow classmate Calebe De Almeida Carlos. They won 3rd prize and the People's Choice award!



Diane plays the piano and sings "I'll Never Love Again"



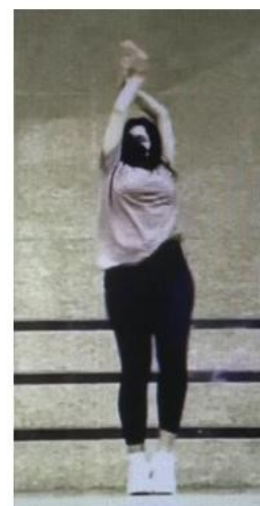
Kudos to Wai Shan (Jenny) Suen and her dance buddies (above photo) who performed to a Teyana Taylor re-mix and won the top HKAC prize in the annual students' talent show!

Second place winner in the HKAC talent show was Sajeid!

Third place winner in the talent show was Jade and Columbia!

People's Choice winner was again Jade and Calebe!

Way to go for all contestants who undoubtedly practiced a lot to perform before a live, streaming audience of their peers and teachers! We truly enjoyed your heartfelt performances!



Second place winner Sajeid Sanna shows us a kinetic mixture of hip hop and cultural dances



De Quan (Ashley) Ruan is a gymnast and a nursing student who is also talented on the piano



Aseel Nazir is a talented guitarist who performed his own original musical composition. He is from a global, missionary family based in Pakistan and in South Korea



HKAC choir members including students such as: A. Odhiambo, A. Zubkov, J. Justin, Z. Ilagan, S. De Almeida Santana, and others





**HKAC Zoom Study Room Creation by 3 Dept. of Psychology Students (Feb. 23, 2022)** *Photos & Article by Jenifer Shiu*  
*Slides by Calebe, Zuriel, Althea*



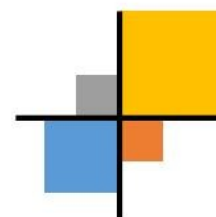
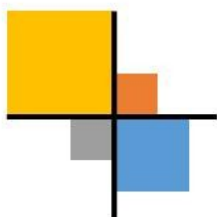
Dean's List senior student Calebe De Almeida Carlos



Senior student Hiu Sin (Althea) Man



Dean's List senior student Zuriel Ilagan



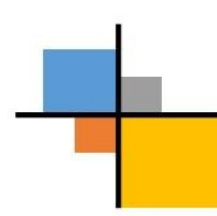
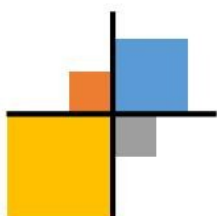
**D**uring the early part of the Spring 2022 academic semester, three Dept. of Psychology, senior year students saw the need to build online community to HKAC students scattered around Hong Kong and overseas during the fifth local wave of the SARS-CoV-2 (Covid-19) pandemic. According to Calebe De Almeida Carlos, Zuriel Ilagan, and Hiu Sin (Althea) Man, their objective in creating a Zoom Study Room online was to support “all the students sitting alone at home and connect them together... and improve their state”.

The Spring 2022 Zoom Study Group welcomed all HKAC students from all academic departments no matter where they were based. Some students were based on campus, while others were at least temporarily based elsewhere, such as India and in mainland China. Any HKAC student studying anywhere by himself or herself could log on to the virtual room, during set weekly times on Mondays, Tuesdays, and Thursdays, from 2:30 pm (14:30 pm) to 4:30 pm (16:30 pm).

In addition to the studying with your classmates online, their plan was to have a chat room to chat with friends, enjoy some relaxation exercises as study breaks, and have additional breakout rooms for tutorial sessions. Specific tutors were designated for a few courses and students were emailed about them with details.

After the annual student talent show on February 23, 2022, Calebe and Zuriel introduced the idea of the virtual studying project and presented the Zoom meeting information, so that students would know how to easily log on. They indicated that sign-up sheets for the planned tutorial sessions would be distributed to the college student population.

Because of the enforced social distancing measures and isolation to which students were subjected as the Spring 2022 semester rolled out, this Zoom Study Room was a wonderful idea that could not only build online community but also help improve the mental health and wellbeing of the students. Kudos to senior year Dept. of Psychology Students Calebe, Zuriel, and Althea for a fantastic, volunteer, academic project to help all HKAC students across college years, time, and distance! You will be remembered fondly as student leaders on the HKAC campus! We wish you well as you graduate and move into the next chapter of your lives! Please keep in touch with your teachers, mentors, and friends on campus!





Secretary General Kenneth Chen of the Legislative Council of Hong Kong (Mar. 2, 2022)

Presentation by Kenneth Chen  
Zoom Photos by Jenifer Shiu



Secretary General Kenneth Chen Wei On of the Secretariat of the Legislative Council of Hong Kong

## What I wish I knew when I was 20 years old

Kenneth CHEN Wei On 陳維安  
Hong Kong Adventist College  
Weekly Assembly  
2 March 2022

HKAC was delighted that Secretary General Kenneth Chen Wei On of the Secretariat of the Legislative Council of Hong Kong was able to be a special guest speaker during the Spring 2022 semester's Zoom Chapel student assembly on March 2, 2022. He offered HKAC students slides depicting his pearls of wisdom for each decade in the first five decades of one's life. Prior to his current role, Mr. Chen was the Under Secretary for Education in Hong Kong. Secretary General Chen attended Hong Kong's Diocesan Boys' School, holds a Bachelor's degree in Electrical Engineering and Computer Science from Princeton University, a Master of Science degree in Applied Mathematics from Harvard University, and an Master's in Business Administration degree from the Wharton School of Business at the University of Pennsylvania. All three are top Ivy League universities in the US. During his business career, Mr. Chen worked at the Hong Kong Jockey club. He has been a Vice President of the Hong Kong Federation of Youth Groups and had leadership roles in local secondary schools and colleges. Mr. Chen has also been a management consultant, a private equity fund manager, and a business executive at global and local firms.

Secretary General Chen is dedicated to the development of Hong Kong youth and education, so we are privileged to have him speak with us.

### Life's major stages according to Confucius

子曰:	Confucius says:
吾十有五而志于學...	At fifteen, I am focused on learning...
三十而立...	At thirty, I establish myself...
四十而不惑...	At forty, I am no longer confused...
五十而知天命...	At fifty, I know my place...
六十而耳順...	At sixty, I am open to different views and opinions...
七十而從心所欲，不踰矩。	At seventy, I do what I want without stepping over boundaries.

Source: The Analects 《論語》

*At thirty, I establish myself...*

只要精神不滑坡，辦法總比困難多

As long as you don't give up, there are always more solutions than problems.

Insanity is doing the same thing over and over again and expecting different results.

*At forty, I am no longer confused...*

Past is gone, future is not yet here, life is only available in the here and now.

- Ven. Thich Nhat Hanh 一行禪師

苦、集、滅、道

Recognize ill-being; identify roots of ill-being;  
Cease ill-being; find path to cease ill-being

*At fifty, I know my place...*

There is no single definition of success.

Judge not, and you will not be judged;  
condemn not, and you will not be condemned;  
forgive, and you will be forgiven.

Luke 6:37



**HKAC Gospel Week**

**(March 14-18, 2022)**

*Presentation Slide Photos by John Tsoi  
Other Photos & Text by Jenifer Shiu*

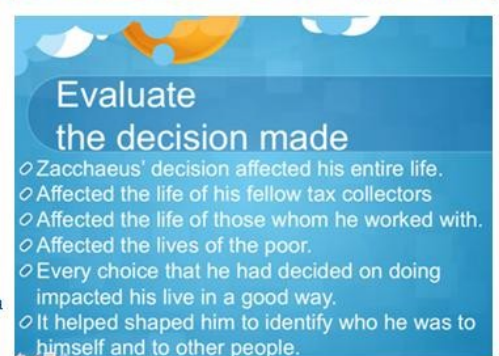
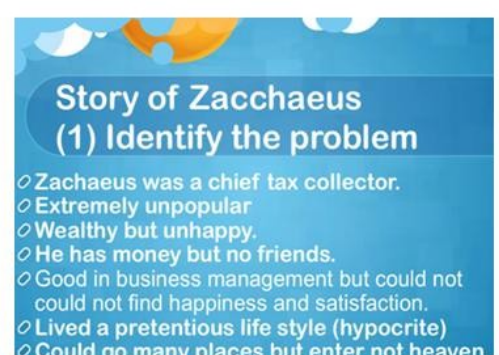


Pastor Daniel Chuah was the featured speaker during Spring 2022 HKAC Gospel Week

**D**uring Spring 2022 semester, we were fortunate to have Pastor Daniel Chuah (a former HKAC President and a former Dept. of Religion Chairman) to be the featured Gospel Week speaker from March 14-18, 2022. Each morning, before the students and faculty assembly at King Huy Hall / Bayview Church, Pastor Chuah discussed a life topic for his sermon. He presented slides, showed examples from TED Talks online, and discussed stories and notable scriptures from the Bible. Pastor Chuah presented topics on how to best live one's own life in a purposeful way, consider what career success means, how to enjoy mental wellbeing in a technological era, how to enjoy marriage by solving problems before they escalate, and how to evaluate issues to make better decisions. For this last topic, Pastor Chuah communicated the meaningful, biblical story of Zacchaeus, the tax collector, and how his fateful decision to meet Jesus, by climbing a sycamore fig tree above the crowds, saved him and positively affected the legions of people affected by this life path change. Consider how Christianity in your life can create blessings for many!



Dr. Paul Song (Dean of Students) and Pr. Se Kwang (Ben) Seo bestow a thank you gift to Pr. Daniel Chuah at King Huy Hall / Bayview Church



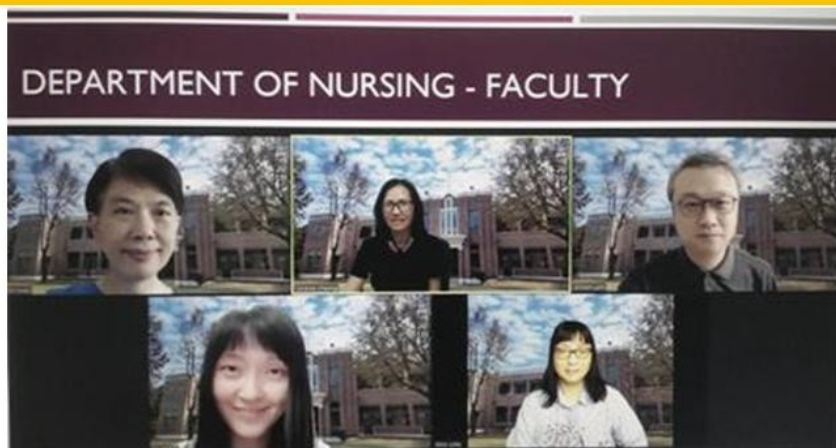


**HKAC Zoom Chapel Dept. of Nursing (March 23, 2022)**

*Info. by Dept. of Nursing Faculty & Students  
Photos / Captions / Text by Jenifer Shiu*



Dr. Corjena Cheung, HKAC Associate Academic Dean, Chairwoman and Professor in the Department of Nursing



Left to right 1st row: Ms. Kwan Yuet Wah, Dr. Corjena Cheung, Dr. William Lam  
Left to right 2nd row: Ms. Brenda Pong, Dr. Alice Loke

**DEPARTMENT OF NURSING**

- ◆ HKAC has a long history of offering pre-nursing courses
- ◆ Two clinical partners: Hong Kong Adventist Hospitals
- ◆ Three academic programs:
  1. Non-local Articulation Programs
    - \* 2 + 3 BS in Nursing—Andrews University
    - \* 2 + 2 BS in Nursing—Kettering Medical College

**DEPARTMENT OF NURSING**

- ◆ Three academic programs (continued):
  2. 2-year Higher Diploma in Health and Rehabilitation Services
    - \* Registered Health Worker
  3. 2-year Higher Diploma in Enrolled Nursing (General)
    - \* Enrolled Nurse (EN)
    - \* Pending accreditation, a potential Nov. 2022 program start



Gahyun (Grace) Kim



Kam Yin (Tracy) Chong



Student Denise Barraca presented a tribute video about Hong Kong's excellent, frontline, healthcare workers during the 5th local wave of the SARS-CoV-2 / Covid-19 pandemic in 2022.

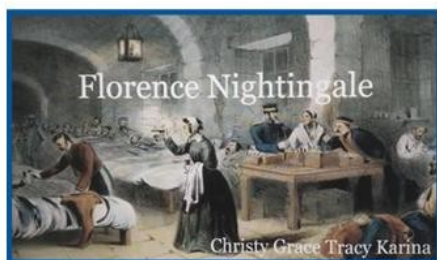


Hiu Tung (Christy) Lam

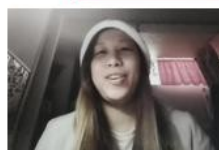


Karina Cheung

Higher Diploma students Diane, Wan Yiu, Kar Man (Sky), and Piu Ling presented a fun Kahoot quiz online



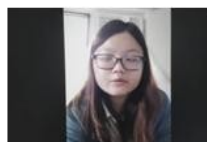
Dept. of Nursing students (see above) Grace, Tracy, Christy, and Karina together presented the story of Florence Nightingale, a British nurse and social reformer who was the founder of modern nursing. Nursing is a caring profession with significant biological, psychological, social and spiritual dimensions. Nurses help heal sick patients; it's an art and a science.



Chung Yan (Diane) Chiang



Kar Man (Sky) Ma



Wan Yiu Cheung



Piu Ling Wong



**HKAC Zoom Chapel Dept. of Music (March 30, 2022)**

Info. by Dr. Arlene Siagian & Music Students  
 Photos / Photo Captions / Text by Jenifer Shiu



Dr. Arlene Siagian, HKAC Associate Professor, Department of Music and Choir Director explains the importance of music in humanity's quest for survival and meaning



Mr. Henry Ya'ang, HKAC Registrar & Chairman of Departments of Business and DPUS introduced the weekly Chapel student assembly and reminded students about an upcoming "add/drop" deadline



Senior year student Jade Rozanne Justin explained in the student assembly that to her music is a friend, a teacher, her solace, and God's gift to us all. It also reminds her of her very musical family.

**D**uring the March 30<sup>th</sup> 2022 Zoom Chapel Department of Music program, Dr. Arlene Siagian encouraged everyone on campus to join the HKAC Choir, even if it's via Zoom online. It was the deadliest month of Hong Kong's SARS-CoV-2 / Covid-19, 5th local wave. For inspiration, Dr. Siagian also shared a profound welcome address to the Boston Conservatory given by Dr. Karl Paulnack, the former Director of Music at the Boston Conservatory at Berklee in the US, on August 28, 2003. In the address to parents of freshman music students, Dr. Paulnack spoke to allay the students' parents' fears about their children studying a subject that was not a practical career stepping stone and certainly not esteemed professions, such as "a doctor, research chemist or an engineer". Nevertheless, "music has a way of finding the big, invisible, moving pieces inside our hearts", and "artists are the ones to help us figure out our internal, invisible lives". There were two examples to illustrate his meaning. The first was a famous masterwork in the musical canon created by French composer Olivier Messiaen, when he was a Nazi prisoner at a concentration camp in 1940, during World War II. In a tortuous place where there was no warmth and barely enough food or water for prisoners, he still found the energy to create a masterpiece which he performed for some 4,000 prisoners and guards. The second example was the aftermath of the "9/11" September 11, 2001 terrorist attacks on the Twin Towers in NYC, which left close to 3,000 dead. He was there. Reportedly, the first organized public expression of grief was the Brahms Requiem performed by the New York Philharmonic Orchestra at Lincoln Center. From these examples, "it's clear that music is a basic need of human survival. It's one of the ways in which we express feelings when we have no words." "Art is one of the ways in which we say "I am alive, and my life has meaning." (quotes/speech by Dr. Karl Paulnack 8/28/2003)



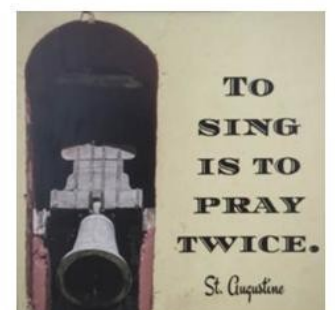
HKAC Choir members, students, and Dr. Calvin Luk (Chemistry & Mathematics) sing together on Zoom, during HK's 5th Covid-19 wave



Freshman Aseel Nazir discussed how one of his guitar teachers said that in order to become a good guitar player, one must become a good human first. One must learn to be a cheerful giver.



Student Ambassador Brayan Lopez and senior Zuriel Ilagan discuss how singing is like praising God by showing appreciation and emotion.





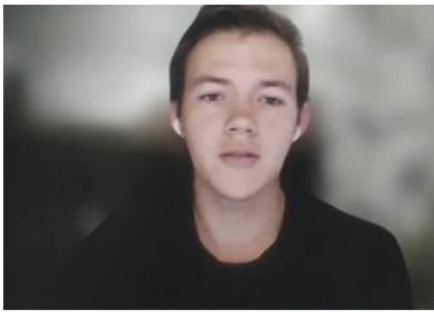
HKAC Zoom Chapel Dept. of Religion (April 13, 2022)

Info. by Ms. Twinky Lau & Religion Students  
Photos / Captions / Text by Jenifer Shiu

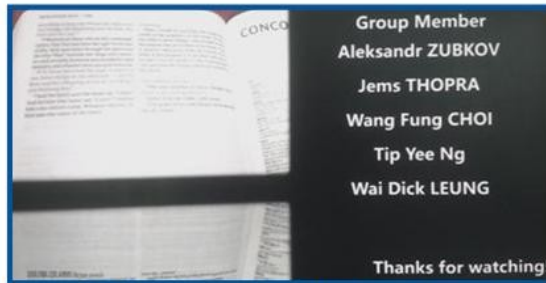


Ms. Twinky Lau, Chairwoman, HKAC Department of Religion

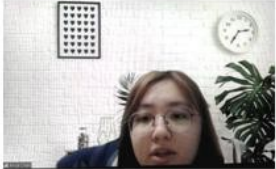
On Wednesday, April 13, 2022, during the weekly Zoom Chapel student assembly, the Department of Religion chaired by Ms. Twinky Lau, gave three separate students' led presentations about human sin, baptism, and the Adventist Saturday Sabbath. The first presentation about human sin started with the biblical story of Adam and Eve and how they fell under Satan's temptation in the Garden of Eden. According to the Bible, to sin is to go against the word of God. However, per the Bible, God will always forgive those who want forgiveness, and He will do so without involving any criticism and without any humiliation, but rather by simply forgiving those for having faith in him. In the second presentation, the significance, history, styles, and context of baptism were discussed. Examples of cultures that perform baptism, as well as images and a video demonstration of religious baptisms were shown. Lastly, the third students' led presentation focused on the history of the Sabbath, the change from Sabbath to Sunday, Sabbath day activities to do and to avoid. Everyone learned a lot and were thankful to have been part of this assembly!



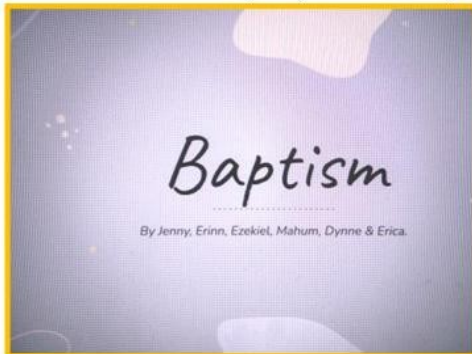
Student Ambassador 2021-2022 Alex Zubkov



Presentation team 1 members Alex, Jems, Wang Fung, Tip Yee, and Wai Dick presented the concept of human sin



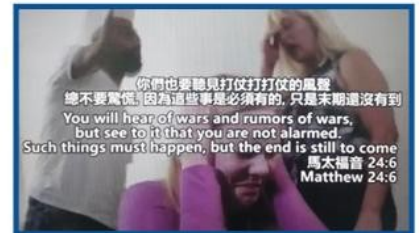
Erica Chan



Presentation team 2 gave a talk about Baptism: Jenny, Erinn, Ezekiel, Mahum, Dynne, Erica



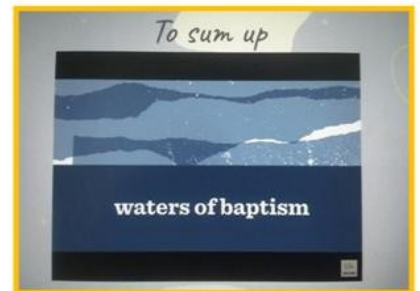
Francis Dynne



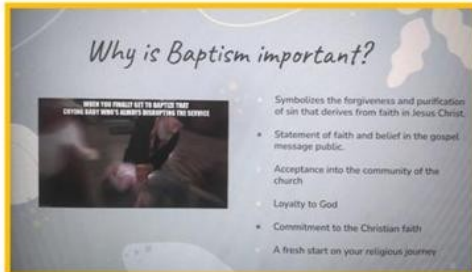
Wai Shan (Jenny) Suen



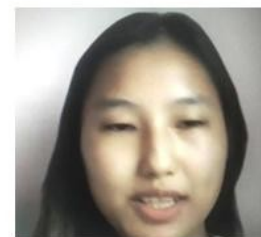
Qing Yan (Ezekiel) Kao



Mahum Najmal



Ching Yuen (Erinn) Wong



Shima Gurung



Presentation team 3 discussed the Sabbath: Angela, Kat, Tracy, Maryam, and Shima





**Joseph & the Amazing Technicolor Dreamcoat Live Stream Theatre (May 14-15, 2022)**

Cast Photos by Ms. Kat Ma (Dormitory Dean)  
Joseph Poster: J. Tsoi based on S. Gordon photo

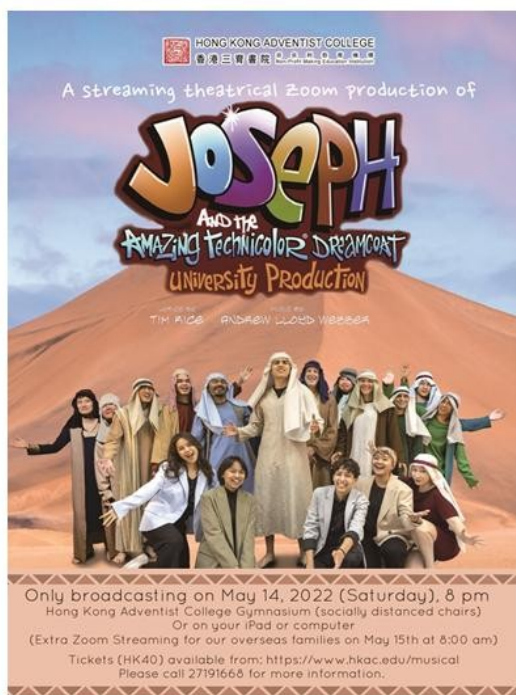
**H**KAC's Joseph musical theatre event with live streaming occurred over the May 14-15, 2022 weekend. Auditions took place with Dr. Arlene Siagian, Associate Professor of Music and Choir Director, in late January to early February 2022, during the annual Lunar New Year break. Due to the sudden onset of Hong Kong's 5th SARS CoV-2/Covid-19 pandemic wave, it made the rehearsals and production process a bit more difficult. The Music, IT, and Business Departments researched live streaming tech options, so that overseas alumni and friends could also enjoy this wonderful theatrical production. Online tickets were sold in advance. Students, faculty, staff and guests based in Hong Kong and abroad, all enjoyed the music, singing, and theatrical flare of this timeless, biblical story!



**Back row left to right cast members:** Alex Zubkov, Henry Ya'ang , Bart Brondo, Jimmy Mok, Brayon Lopez, Aseel Azir, Dr. Paul McGraw, Daniel Mendoza Jr., Brian Lai, Kosei Sakai, Mighty de la Bel, Dr. Calvin Luk, Kenny Lam

**Middle row left to right cast members:** Marcus Ng, Gem Peduche, Priscilla Aung, Zuriel Ilagan, Jade Justin, Sara De Almeida Santana, Alexa Osina, Amanda Chureson, Calebe De Almeida Carlos, Dr. Arlene Siagian

**Front row left to right cast member:** Ezra En Yong



**Back row left to right cast members:** Alex Zubkov, Henry Ya'ang , Bart Brondo, Jimmy Mok, Brayon Lopez, Aseel Azir, Dr. Paul McGraw, Daniel Mendoza Jr., Brian Lai, Kosei Sakai, Mighty de la Bel, Dr. Calvin Luk, Kenny Lam

**Middle row left to right cast members:** Marcus Ng, Gem Peduche, Priscilla Aung, Zuriel Ilagan, Jade Justin, Sara De Almeida Santana, Alexa Osina, Amanda Chureson, Calebe De Almeida Carlos, Dr. Arlene Siagian

**Front row left to right cast member:** Ezra En Yong





*Welcome to Ms. Kwan Yuet Wah (HKAC Faculty—Programmes of Higher Diploma, Dept. of Nursing)*

*Photo by Jenifer Shiu*

*Photo Captions by Jenifer Shiu*



Ms. Kwan Yuet Wah, Senior Clinical Associate in Practical Chinese for the HKAC Dept. of Nursing

HKAC welcomes Ms. Kwan Yuet Wah to the Department of Nursing as a part-time, Senior Clinical Associate in Practical Chinese language for health care terminology. She grew up in Hong Kong and is married with a grown daughter and son. During her leisure time, Ms. Kwan enjoys cooking for family and friends and doing various sewing projects.

Ms. Kwan has an academic background in the nursing field. She received a Certificate of Registration (General) Training at the School for Nursing at Hong Kong Sanatorium & Hospital. After that, she earned a Bachelor of Health Science in Nursing at Victoria University of Technology (now known as Victoria University) in Melbourne, Australia. Ms. Kwan further earned a Master of Science in Management in Health Care at Oxford Brooks University in Oxford, England (UK). In a related field, Ms. Kwan also received a Bachelor of Chinese Medicine at The University of Hong Kong's School

With respect to her work experience, Ms. Kwan has worked as a Registered Nurse in Hong Kong's Hospital Authority hospitals. In addition, Ms. Kwan's roles have included the following: Advanced Practice Nurse at Tung Wah Eastern Hospital, Advanced Practice Nurse at Pamela Youde Nethersole Eastern Hospital, Nurse Tutor at Union Hospital School of Nursing, and Clinical Preceptor for Hong Kong's Hospital Authority.

At HKAC, Ms. Kwan is responsible for teaching practical Chinese for the Higher Diploma in Health and Rehabilitation Service programme. She greatly hopes that her students will be able to apply the knowledge and skills they learn in daily practice with a good attitude. Students' learning will ultimately help facilitate dialogues with and understanding of their future patients.

*Welcome to Mr. John Tsoi*

*(HKAC Graphic Designer, Marketing Team)*

*Photo by Francesca Chan*

*Bio by John Tsoi*

John Tsoi is the new Graphic Designer at Hong Kong Adventist College (HKAC). He grew up in Hong Kong and went to the United Kingdom to study between the ages of 12 to 23. He is thankful that he has a supportive family, including his parents and a younger sister.

Mr. Tsoi earned a Bachelor of Arts degree in Fine Art at Falmouth University in England (UK).

Prior to joining HKAC, Mr. Tsoi worked at Mainway, which is an art work design firm. In addition, he also worked at Tai Ping Carpets in the hotels and casinos lodging and entertainment sectors. Moreover, Mr. Tsoi worked in the financial printing field at Gemex.

Within the HKAC Marketing team, John will be updating promotional posters and creating adverts for campus events and academic recruitment initiatives. He will also be creating promotional videos and school banners. Furthermore, together with his colleague Marketing Assistant Francesca



Mr. John Tsoi, HKAC Graphic Designer, Marketing Team

Chan, John will be participating in capturing photography for online and offline campus events.

Regarding his hobbies, John enjoys Hong Kong's hiking trails, swimming, and aquascaping—a form of underwater gardening and landscaping within an aquarium.

During his time at HKAC, Mr. Tsoi hopes he can provide a significant

improvement on design features on campus.

As such, he looks forward to helping to create a more aesthetically pleasing environment on the Clear Water Bay campus.





*The Generosity of Christian Education Endowment Limited (CEEL) on Campus*

*Article by President Dan Cheung  
Photos by Ms. Alice Wong*

During the 5<sup>th</sup> wave of COVID pandemic, Christian Education Endowment Limited (CEEL) came to our Clear Water Bay campus to give gift bags to dormitory students including schools, such as Hong Kong Adventist College, Hong Kong Adventist Academy, and Hong Kong University of Science & Technology students.

Members of CEEL were concerned about the well-being of our dormitory students, during Hong Kong’s 5th wave of SARS-CoV-2 / Covid-19 in Spring 2022. College students had been confined on campus for such a long time and were taking their classes online.

Since the beginning of the Covid-19 pandemic, dormitory students had been discouraged to go to urban districts to avoid becoming infected. CEEL would like to cheer up the dormitory students by giving them fashionable face masks, toys, snacks, candies such as chocolate, and small cakes in their gift bags. As far as we can tell, HKAC dormitory students were very excited to receive the gift bags. Many of our campus staff and faculty were equally pleased to receive the remaining gift bags as well.

Christian Education Endowment Limited is a registered charity organization in Hong Kong to promote Christian education on the campus of Hong Kong Adventist College. Please visit [www.ceel.hk](http://www.ceel.hk) to inquire about the charitable, social care activities organized by CEEL.



HKAC dormitory students are happy with CEEL gift bags!



A CEEL gift bag sample with its contents, including: a box of plum colored face masks, tea bags, cookies, instant noodles, small desk toys, chocolate, and other snacks



HKAC Faculty & Staff (right to left): Mr. Freddie Ma, Mr. Charles Chan, Ms. Debbie Lau, Ms. Jenifer Shiu

*Faculty Research of HKAC Dept. of Business Instructor Mr. Spencer Li*

*Photo and Information by Mr. Spencer Li*



Mr. Spencer Li  
HKAC Dept. of Business

HKAC Department of Business faculty instructor Mr. Spencer Li co-authored a March 2022 published paper at <https://www.frontiersin.org> entitled “Financing Orphan Drugs through a Blockchain-supported Insurance Model”. *Frontiers* is an open access research publishing site with journals led and peer reviewed by editorial boards of over 100,000 researchers. His co-authors include: Lok Sang Ho (Lingnan University), Francisco Lai (The University of Hong Kong), Tianle Zhang, Chun Tak Kwok, and Kam Pui Wat. Spencer hopes that this research will be able to help patients with rare diseases. The paper abstract is as follows: “The cost of treatment for rare diseases is notoriously high imposing threats Page 12

to the global healthcare system. Existing market-based tools for orphan drugs are not designed to reduce drug prices and could be hampered by adverse selection. We propose an alternative insurance mechanism, Massive Group Insurance (MGI), which aims at reducing the prices of orphan drugs through offering separate Intellectual Property Right (IPR) Fees to the drug company from an MGI Agency, which will collect insurance premiums from each country on each orphan drug that the country wants all its citizens to enjoy access to. The premiums will be calculated so as to ensure that the drug company will collect a profit no smaller than what it enjoys under the traditional model. Blockchain technology is used to facilitate authentication and effective IPR payments and ensure data security and low administrative cost. This model can potentially be extended to other categories of expensive drugs and vaccines.”



**Pastor Se Kwang (Ben) Seo: Memories of Eight Years' Mission in Hong Kong (Part 1 of 3)***Photo by Marketing Team  
Interview article by Pr. Seo***1. How did you get the opportunity to live in Hong Kong and be part of the Clear Water Bay campus back in 2014?**

The Seventh-Day Adventist is a world church. Therefore, HKAC accepted the SDA of Northern Asia-Pacific Division project, PMM and provide an opportunity to serve as a HKAC chaplain.

**2. Has your relationship with God and your insights into the diversity of humanity expanded, during your time in Hong Kong and the Clear Water Bay campus? How has meeting international students, teachers, and church members widened your understanding of cultures, major religions, and life outside of South Korea?**

First of all, I always prayed to God to give me a gift of dialect (foreign languages) for complete communication because my English is not perfect. Another important prayer of mine was not to let me have narrow minded thoughts. This is because if I don't understand people from diverse cultural backgrounds, I can't truly share the gospel that I usually do. Although I was born and raised in Korea, not only did my mom create many opportunities to have a wide world view from childhood, but she also sent me to study abroad at university. So while working here, I enjoyed spending time with various people and have lived as an opportunity to grow into a global leader. Such a learning attitude and lifestyle will help go on the next chapter in my journey.

**3. What are some high points / highlights that you experienced in your eight years in Hong Kong and the Clear Water Bay campus community?**

For me, the main highlight has been not only been helping college students develop into positive people, but also helping them grow into campus leaders. They had a chance to taste Christ's love and gospel of hope; that is something that some students had never experienced before coming to HKAC.

**4. Which courses did you teach at HKAC during the past eight years and what was interesting about being a teacher?**

I taught the subject of 'Understanding Christianity' in the DPUS course. Most of the students who studied in this course had very low academic performance, and they also had low self esteem, so they were not very self confident. However, it was a great pleasure as a teacher to see them gain confidence in their hope of a better life through HKAC.



**Pastor Se Kwang (Ben) Seo**  
HKAC College Chaplain

**5. How did you provide pastoral care to the college students ?**

Some college students are suffering from loneliness, as they are far away from home. So I tried my best to approach them to be a friend first. I often invited them to my home or the cafeteria to eat and drink together, so that they can really open up their hearts and communicate. Most of the time I tried to listen to them rather than say a lot. When they and I were on the same wavelength, then I began to pray for them and connected deeper with them through Bible study. Enjoying time with college students is my great happiness in life.

**6. Which accomplishments that you have achieved are the ones that you are most proud of from your time on campus?**

There were many valuable things I was thankful to experience, but one of the most meaningful achievements was the planning and execution of HKAC's annual mission trips. The reason is that the students united to fundraise the cost for their participation over several months. In addition, they actively did the voluntary service, without complaints, even though they went to mission trips to remote regions in undeveloped countries where people lack many comforts that middle and high income regions take for granted. Through myriad voluntary services such as teaching, building infrastructure in villages, and sharing the love of God, it was an opportunity for students to realize that they could contribute meaningfully to civil society and grow to become leaders.

7. If you know, what do you plan to do next after you leave Hong Kong? Will it be further education or perhaps a mission posting overseas? I have not yet finalized future plans; however, some strong possibilities are being considered. With God's kind benevolence, I trust that there will be a clear path forward soon.

**8. How has your family enjoyed life on campus? How old was your daughter Lucy at the start and how old will she be in summer 2022? As a father, what may be your educational dreams for Lucy?**

It was a great blessing for a daughter and a father to go to school hand in hand every day on a campus. The obvious fact is that our family's life here was a happy one that has been full of blessings. When Lucy arrived in Hong Kong, she was 7 years old, and now, she is in 9th grade and 15 years old. As a parent, I would be pleased if Lucy were to one day become a sports medicine doctor. Although Lucy is a teenage girl, she plays soccer very well and enjoys other sports as well. Taking full advantage of her academic strengths and athletic prowess, I hope she will one day study medicine. In addition, if she has passion for the medical field, she would be able to go to future mission trips and provide such valuable, volunteer, health care services to those in need of them.

**9. What sorts of outdoors exercise regimens did you follow in the Clear Water Bay community?**

Before I came to HK, I personally didn't like hiking. Instead, I liked to get together in a cafe and drink tea and chat. Then, I became the one who asked how to go to the mountains in the hot, subtropical weather of Hong Kong. However, the activities restricted by COVID-19 completely changed my lifestyle. Eventually, there were no students on campus to go out and chat with me due to COVID-19. Ironically, I started going to the mountains thanks to COVID-19. It was possible because there was a High Junk Peak right near the school campus. Being able to easily enjoy such beautiful nature around the campus was one of the great privileges of living and working here. I would like to thank the seniors who built this school a long time ago!





**Pastor Se Kwang (Ben) Seo: Memories of Eight Years' Mission in Hong Kong (Part 2 of 3)***Photos Provided by Pr. Seo  
Interview article by Pr. Seo*

10. Which were the best aspects of the annual January to February lunar New Year mission trips overseas? How many trips did you and your family participate and where did you all go with students?

It was so tremendous that every year, college students themselves spent months in self-produced fundraisers by selling snacks, holding concerts, and visiting local churches to raise all the expenses and donations. In addition, even though they were on vacation, they devoted their time, talent, and passion to sharing Christ's love and gospel with global communities. Through such services, they grew up spiritually and it was the most meaningful ministry for me to watch and support them.

It was also very special how my daughter, Lucy, went on the annual mission trips with HKAC college students, when she was only a primary school student. Through this experience, she learned the importance of volunteerism and public service.

**Annual Mission Trips for Six Times During Eight Years' Ministry Service at HKAC:**

**Pastor Ben participated in these mission trips:**

Cianjur in Indonesia (2015) and Iloilo City in The Philippines (2016)

**Pastor Ben and his family participated in these mission trips:**

Karen in Myanmar (2017), Cagayan De Oro, Northern Mindanao in The Philippines (2018)

**Pastor Ben and his daughter Lucy Seo participated in these mission trips:**

Takeo in Cambodia (2019) and KESI at Mindoro Island in The Philippines (2020).

11. What was most memorable during the year that you were Interim Dean of Students?

As Interim Dean of Students, I didn't get to do as much as I'd like to do for our college students, because all the classes and activities were conducted online, due to the Covid-19 pandemic situation. At some point, there were dormitory students from abroad who were unable to go home, due to the pandemic. That winter, they were suffering from the harsh, cold weather. So, I reached out and thankfully received some donations from SDA churches in Korea, in order to sponsor winter clothes, blankets, and warm food snacks for the dorm students. Sharing my blessings of what I received is always my big pleasure.



Pastor Ben Seo and his family show they are happy Hong Kongers!



Pastor Ben Seo with Lucy Seo and her pal at the HKAC Administration building



Pastor and Mrs. Ben Seo, Lucy Seo, Dr. Arlene Siagian and students in a musical theatre show on campus

12. Which things, activities and/or people will you miss the most, when you leave Hong Kong and the Clear Water Bay community?

While living in Hong Kong, I sometimes enjoyed afternoon tea with my wife on my days off. Especially at sunset, the afternoon tea set I enjoyed while watching the night view of Central District became a wonderful memory. And I won't forget that I prayed early in the morning facing nature behind Bayview Church / King Huy Hall. Moreover, how can I forget those like the campus family I worked with! However, if only one of them can be highlighted, then I will not forget Ms. Kat Ma, whom I consider an angel. She is the true angel of the Clear Water Bay campus!

13. Will you have opportunities to revisit Hong Kong and the Clear Water Bay campus in the future?

Thankfully, I worked in HK for eight years and therefore my family received permanent residency status. As such, we will come to visit Hong Kong, whenever we have a chance to do so. Hong Kong really is my family's second home town, so we really want to visit before long. Personally, I prefer to live here than in South Korea (Ha Ha Ha!).

14. What do you hope that people will remember most about you and your time on campus?

Although what my family shared with the campus community was mainly small acts of kindness, we hope you remember us as a humble Korean missionary family who tried to share our hearts with each and every person on campus.



Pastor Ben Seo's office logo



**Pastor Se Kwang (Ben) Seo: Memories of Eight Years' Mission in Hong Kong (Part 3 of 3) Photos Provided by Pr. Ben Seo**



Pastor Seo's family enjoy the HK skyline



Pres. Dan Cheung and Pr. Ben Seo on a HKAC student recruitment trip in Seoul



Global Youth Day March 2019 with Pres. Dan Cheung, Dr. Corjena Cheung, Pastor Ben Seo and HKAC students



Pastor Seo's parents visit from South Korea. 3 generations in front of Bayview Church/KHH



Lucy Seo gives her HKAA class valedictorian speech



Preaching about Jesus on Mission Trip Jan. 2019 (Cambodia)



Pastor Seo baptizes Lucy Seo in 2021



Mission Trip Jan. 2020 (Mindoro, The Philippines) Katutubo Excel Schools Inc. (KESI) heart rock



Beautiful woven apparel after Mission Trip Jan. 2017 (Myanmar). Pastor and Mrs. Seo, Ms. Kat Ma, Dr. Arlene Siagian, Sheryna De Wuin et al



Pastor Seo's Winter 2020-2021 HKAC students' apparel / snacks benefit Page 15



Pastor Seo and the HKAC Students' Mission Trip Jan. 2020 (Mindoro)



*Three Alumni Visit the Clear Water Bay Campus (March to April 2022)*

*Photos: Mrs. Man Lin Leong, Jenifer Shiu*

*Photo Captions & Text: Jenifer Shiu*



HKAC President Dan Cheung with Frank Chow and Rose Leng by the HKAC administration building stairwell

**O**n April 7, 2022, Mr. Frank Chow and Ms. Rose Leng arrived to the Clear Water Bay campus for a visit. President Dan Cheung graciously met with the happy couple for a chat.

Frank is a Sam Yuk Middle School alumnus from the years 1960-1965. He is retired and not long ago moved to the Tseung Kwan O area.

To thank them for stopping by to visit, President Dan presented them with the campus' 80th anniversary commemoration album and the Fall 2020 HKAC yearbook.

We are always delighted and grateful, whenever HKAC and Sam Yuk alumni visit and reminisce about their school days. Time always flies by so quickly, doesn't it?!

To all our alumni near and far, we wish you many blessings including good health, happiness, and a purposeful life!

**M**rs. Tina Chu (right photo) visited with her family on April 30, 2022. She and her son (also in the right photo) are both Sam Yuk Middle School alumni.



Mrs. Tina Chu with her family at the door of the campus cafeteria. The photo gallery of historic HKAC and Sam Yuk School presidents plus photos of alumni are in the background bulletin boards



Mr. William Wai Kam Yeung, HKAC alumnus (center above photo) with Mr. Freddie Ma (marketing director) and Ms. Alice Wong (human resources manager)

**A**riving to the HKAC Registrar's Office on April 1, 2022, Mr. William Wai Kam Yeung applied to be considered for the Higher Diploma in Health and Rehabilitative Services program of the Department of Nursing. He was an HKAC student on campus from 2002 to 2003 and hopes to be part of this program for the Fall 2022 semester that begins in late August.

Currently, Mr. Yeung has his own business as a swimming team coach.

Ms. Alice Wong, HKAC's human resources manager, was a classmate of Mr. Yeung's on the Clear Water Bay campus, so it was pleasant to have a bit of time to catch up with each other's lives since those school days.

Since William lives in a far away district, we were pleased he made the trip to the campus and that he looks forward to being a student once again!



**HKAC Campus Vistas**

**(Spring 2022)**

*Photos by Jenifer Shiu  
Photo Captions by Jenifer Shiu*



On a sunny day, college students hang out and walk by the HKAC administration building



Sam Yuk Middle School historic building flanked by azaleas on a blue sky spring day



A scenic bay view as college students play volleyball on the newly renovated court



A colourful Longan Lantern fly (*Pyrops candelaria*) readies itself to lay eggs



12 of 15 HKAC senior students pose for a photo in early May before their June 2022 graduation



A Great Mormon Swallowtail butterfly (*Papilio memnon*) feeds on azalea at HKAC



Pr. Ben Seo with students carry stationery donations (Left to Right): Jade Justin, Zuriel Ilagan, Alex Zubkov (SA), Brayan Lopez (SA), and Aseel Nazir



Yellow Ipe-amarelo trees (*Tecoma chrysostricha*) blossom on the HKAC side lawn



King Huy Hall / Bayview Church on a foggy spring day across the football pitch